

INSTRUCTIONS FOR USERS

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Table of Contents

1 4 **1.1** 4 1.1.1 4 1.1.2 4 **1.2** 5 1.2.1 Erreur ! Signet non défini. 1.2.2 Erreur ! Signet non défini. 1.2.3 5 1.2.4 6 1.2.5 6 **1.3** 7 1.3.1 7 1.3.2 7 1.3.3 7 **2** 8 2.1 8 2.1.1 8 2.2 Erreur ! Signet non défini. 2.2.1 9 2.2.2 9 **2.3** 10 2.3.1 10 2.3.2 10 2.3.2.1 10 2.3.2.2 10 2.3.2.3 10 2.3.2.4 11 2.3.3 11 3 11 3.1 Erreur ! Signet non défini. 13 3.2 3.2.1 13 3.2.1.1 13 3.2.1.2 13 3.2.1.3 13 3.2.1.4 14 3.2.1.5 14 3.2.2 14 **3.3** 15 3.3.1 15 3.3.1.1 15 3.3.1.2 15



3.3.1.3	16
3.3.1.4	16
3.3.1.5	16
3.3.1.6	16
3.3.1.7	16
3.3.1.8	16
3.3.2 Err	eur ! Signet non défini.
3.3.2.1	17
3.3.2.2	17
3.3.2.3	17
3.3.3 18	
3.3.3.1	18
3.3.3.2	18
3.3.3.3	18
3.3.3.4	18
3.3.3.5	18
3.3.3.6	19
3.3.3.7	19
3.3.3.8	19
3.3.3.9	
3.3.3.10	19
3.3.3.11	20
3.3.3.12	
3.3.3.13	
3.3.3.14	
3.3.3.15	
3.3.3.16	
3.3.3.17	
3.3.3.18	22
3.3.4 23	
3.3.4.1	23



1 Welcome to the EcoHosting.net course!

URL: eform.ecohostingnet.eu

1.1 Home Page

Nos eco	sting.net		?	Q		\rightarrow
	EcoHosting					
CoHosting		hosting.net				
	Co-funded by the Erasmus+ Programme of the European Union	This project has been funded with support from the European Commission. This platform reflects the views only of the author and the Commission cannot be hel be made of the information contained therein. Project: 2020-1-FR01-KA204-080534	d responsit	ble for an	y use whi	ch may
	English Version in English					
	Français Version in French					
	Português Version in Portuguese					
	Eλληνικά Version in Greek					
	Italiano Version in Italian					
		0 Q 📠 -J				



1.1.2 Login in the platform





1.2 Create New Account

Username *		
Password *		
1 district d		
* Required		Login
New Account Registration Pu	ublic Area Forg	ot your password? Forgot your username?
Terms of Service		
ogin data		Region
0	Username *	
	Password *	
		Retype Password
		Allowed chars: A-Z a-: 0.9 .+?#-?@(5%-/-:
		The password must have at least a size of 8 characters. The password must contain characters and numbers.
		The password must contain at least 1 capital letters. The password must contain at least 1 lower case letters.
ersonal Data		
	First Name *	
	Last Name *	
	Salutation *	○ No salutation desired
		⊙ Ms/Mrs. ⊙ Mr.
ontact Information		
	Country *	- Please Select - V
	E-Mail *	
		Retype E-Mail
ther		
	l am a: *	Please Select v
ettings		
	Language	English v
	0.0	
erms of Service		
		User agreement and privacy policy All data is collected inline with the requirements of the GDPR.
		An data is concrete minine mit the requirements of the GDFA. On Registration/Sign-Up you provide the following information: First Name, Last Name, Gender, Country and E-Mail.
		We process different forms of personal data like: time when logged in and logged out, training evaluation data, contributions to discussion forums and chat, submitted papers, messages exchanged with the trainer, responses to training evaluation questionnaires and other submitted content in the plat-
		form. We process data only for the purpose of pilot actions or extract statistical data (anonymized) in terms of the scope of the project, and legal purposes.
		At any time while we are in possession of, or processing, your personal data, you have the following rights: right of access to the information; right to cor- rect data; right to erasure; right to restriction on processing of data.
		By registering on the platform you agree with this policy.
		If you have any questions you can contact us.
Accept Terr	ns of Service? *	0
Us	er Verification *	
		-SZWITH
		Please type in the letters and characters of the image.
* Required		
		Register

gin screen after 20 seconds.

The platform sends an automatic confirmation e-mail You need to confirm your registration by clicking on the confirmation link.

Tip: check your spam if you don't see the automatic confirmation in your email box.

1.2.1 Forgot your password?



e-mail address. The me the user account. In cas	he associated e-mail address in the fields shown below. Will send a message to that ssage contains an address for a web page, where you can enter a new password for e you are unable to assign a password to your user account using this form, contact ion or send an e-mail to eform@ecohostingnet.eu.
Password Assista	nce
Username *	
E-Mail *	

1.2.2 Forgot your username?

* Required

Please enter an e-mail address and submit the form. Will send an e-mail to that address. The e-mail contains all user names which have registered this e-mail address. Choose a suitable username and use the password service to retrieve a new password. If you do not retrieve any e-mail by this service please contact your course admin or eform@ecohostingnet.eu.

Submit

E-Mail *	
* Required	Submit

1.2.3 Terms of Service

User agreement and privacy policy

All data is collected inline with the requirements of the GDPR.

On Registration/Sign-Up you provide the following information: First Name, Last Name, Gender, Country and E-Mail.

We process different forms of personal data like: time when logged in and logged out, training evaluation data, contributions to discussion forums and chat, submitted papers, messages exchanged with the trainer, responses to training evaluation questionnaires and other submitted content in the platform.

We process data only for the purpose of pilot actions or extract statistical data (anonymized) in terms of the scope of the project, and legal purposes.

At any time while we are in possession of, or processing, your personal data, you have the following rights: right of access to the information; right to correct data; right to erasure; right to restriction on processing of data.

By registering on the platform you agree with this policy.

If you have any questions you can contact us.



1.3 First Login

1.3.1 Confirmation Link

Hello	
to activate your account and confirm ownership of this e-mail address, https://eform.ecohostingnet.eu/confirmReg.php?client_id=ecohn&rh=0;	
The link will only be good for 30 Minutes, after that you will have to try a	gain from the beginning.
If this e-mail means nothing to you, then it is possible that somebody ele accidentally, so please ignore this e-mail.	se has entered your e-mail address either deliberately or
bosting.net	
form.ecohostingnet.eu	
ir user account has been activated.	

1.3.2 Login

	?	Q	\rightarrow	
Logir	ı			
	Username *			
	Password *			
* Rec	quired			Login

Enter your username and password.

1.3.3 Dashboard

bost the term of t	ing.net	?	Q	
کَ ^ن Dashboard	🕐 Dashboard			
۲	Favourites			•
EcoHosting	You have not yet selected any favourites. To do this, you must take two steps: Click on "EcoHosting" and select a learning object from the available offer, e.g. a learning module or a forum. When you have found something that interests you, you can easily add it to your favourites. Select the desired it and choose "Add to favourites".	em in the	Actions m	ienu
	» EcoHosting			
	My Courses and Groups			•
	You are currently not yet a member of a course or group.			

The first time you login, there will be no "links".When you click on " EcoHosting", you will go to the homepage.

It is like a working area of a PC where you can add and manage shortcuts to the resources available on the platform.



2 Platform

2.1 Profile and Settings

You can create your own profile, and decide if you want other users to see it or not.

	?	۹ 🌒
O Profile and Privacy		
\mathcal{E}_{\bigotimes} Settings		
⇒ Logout		

2.1.1 Profile and Privacy

Profile and Privacy	
Profile Data Publish Profile Visibility Export/Import	
Personal Data Seve and Continue	Privacy Checklist
Username *	Profile Data
First Name *	
Last Name •	Publish Profile Set publishing options
Salutation • No salutation desired • Mo:/Mrs. · Mr.	Visibility Set visibility options
Contact Information	
Country * Portugal v	
Other	
l am a: + Another/No Answer v	
* Required Save and Continue	

It allows for the inclusion/editing of personal information.

Publish Profile Please select which personal data i	s visible in your profile and v	Save and Continue which users should be able to visit your profile.
Activation		isible to administrative staff.
	 Visible for logged in Salutation Avatar 	Users Ms.
	Country I am a:	Portugal Another/No Answer
	Permanent Link First and last name will al	https://eform.ecohostingnet.eu/goto.php?target=usr_1350& client_id=ecohn ways be visible in your profile, if it is activated.
		Save and Continue

Set whether your profile is visible to other users, and select which information is visible.

Contacts Allow to contact n	ne Franci led, other users are	able to send me request for getting into contac	Save
	Ms./Mrs. Jose N I am a: Another/No Answer	Send mail Download Visiting Card	Save

See how other users view your profile and determine if they can contact you.



2.2 Settings

2.2.1 General Settings

Settings	
General Settings Password Mail S	ettings
General Settings	Save
Language	English v
Screen Reader Optimization	Improve ILIAS for usage with screen readers.
Hits/Page	10 ~
Last Visited	Remember last visited v
Session-Reminder	If enabled, you receive a reminder before the online-session of your browser expires.
ILIAS-Timezone	GMT+1:00: Amsterdam, Berrin, Berri, Rome, Stockholm, Vienna v Please choose the nearest city in your timezone.
Date Input Format	31.10.2023 V Please choose a format for the input of dates.
Time Format	13:00 v Please choose a format for the input and presentation of time.
	Save

Here you can choose the language, time zone, etc.

2.1.2 Password

Settings	
General Settings Password	Mail Settings
Change Password	
Current Password *	
T T T Desired Password *	Illowed chars: AZ a 2:0-9*7#-#BISH-/; he password must have at least a size of 8 characters. In password must character and number. In password must contain at least 1 lower case letters.
* Required	Save

Here you can change the password.



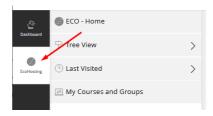
2.2 "Tools"

2.2.1 Dashboard

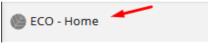
کے Dashboard	Z Dashboard
CoHosting	Favourites • You have not yet selected any favourites. To do this, you must take two steps: Click on "EcoHosting" and select a learning object from the available offer, e.g. a learning module or a forum. When you have found something that interests you, you can easily add it to your favourites. Select the desired item in the Actions menu and choose "Add to favourites".
	EcoHosting My Courses and Groups You are currently not yet a member of a course or group.

It is like a working area of a PC, where you can add and manage shortcuts to the resources available on the platform.

2.2.2 EcoHosting

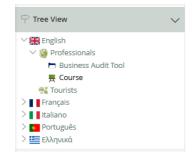


2.2.2.1 EcoHosting - Home



Go to the homepage.

2.2.2.2 Tree View



Browse the content hierarchically.

2.2.2.3 Last Visited



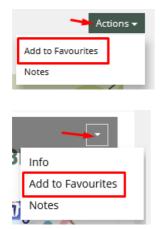
List of last viewed contents.



2.2.2.4 Close Contraction Contraction

Closes the "menu".

2.2.3 Add to Favourites



3 EcoHosting.net courses

The contents of the courses are available in English, French, Portuguese, Greek and Italian.



Two courses are provided, with two entries: one for visitors & tourists, one for hotel and tourists facilities managers





This platform aims to promote environmentally friendly behaviour when you manage or use tourist accommodation in natural or rural areas.

It deals with various themes (water management, waste management, energy management, etc.) and offers concrete examples, proposals for action and, in some cases, videos to enable you to engage in an environmental management process.

In order to start your training course, please choose one of the two following proposals



You need to create an account first

Choose the content you want to access: "Tourists" or "Professionals"

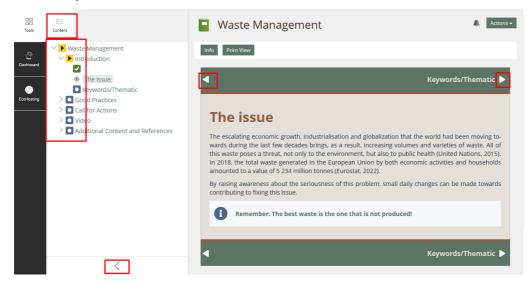


3.1 Tourists

■ WASTE	WATER	E ENERGY	MOBILITY
AJIL		ENERGY	MODIEITT
Waste Management	Water Management	Energy Management	Mobility And Accessibility
•	•	•	•
LANDSCAPE	BIODIVERSITY	HAZARDS	CONSUMPTION
Landscape Management	Biodiversity	Exposure to Natural Hazards	Sustainable Consumption

Choose the topic you wish to learn about.

3.1.1 "Topic"

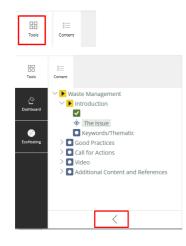


3.1.1.1 Navigate in pages





3.1.1.4 Close "Menu"



3.1.1.5 Open "Menu"



3.1.2 Back to the "Tourists" page

hos ecc	ting.ne	t				_	/			
	EcoHosting	>	English	>	Tourists	>	Waste Management	>	Introduction	



3.2 Professionals



3.2.1 Business Audit Tool

1. Do your self-audit to check where you still need to improve your performance (only if you are an owner or manager).

- 2. Go through the module
- 3. Share with others in the Forum
- 4. Test your new knowledge and progress

🖿 Business Audit Tool	
> Audit Tool	
> Audit results - Topics you need to review	

Tool for initial knowledge and expertise to determine individual learning pathways.

3.2.1.1 Choose topic



Info	Results	Learning Progress
Start	the Test	
Introd	uctory N	<i>Nessage</i>

3.2.1.3 Questions

Suspend the Test Finish the Test	
← Previous	Nex: →

You can: go to the next question; go to the previous question; suspend the test to finish later; or finish the test.

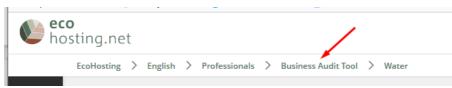
3.2.1.4 Results

You've good level of this topic	
You must improve your level of	this topic

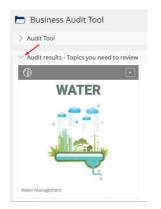
3.2.1.5 Repeat



3.2.1.6 Back to the "Business Audit Tool" page



3.2.1.7 Audit Results



The "Audit Results" resume the topics you need to do.

3.2.1.8 Back to the "Professionals" page



	-			-	-		-
Ne ec	:o osting.net	t					•
	EcoHosting	>	English	>	Professionals	>	Business Audit Tool

3.2.2 Forum

뤆 Forum					
Threads Info St	atistics				
New Thread Mar	rk All as Read				
1					
					Displayed Number of Threads per Page
	✓ Execute				Displayed Number of Threads per Page
- 1 of 1) - Select Thread	Execute Created by	Articles	Visits	Drafts	Displayed Number of Threads per Page

3.2.1.9 New Thread/Topic

뤄 Forum	4. Actions -
Threads Info Statistics	
New Thread	Create Save as Draft Cancel
Your Name	jnogas
Thread *	
Posting *	B I ⊻ L ≔ ≔ ≡ ≡ ∉ Ø % ™ ■ ↔
Add attachment	Epiloze Nenhum Fichestelecionado + = Maximum upload stee: 256.0 MB Maximum rumber of simultaneously uploadable files: 20
Notification	Notify me when a direct answer has been given to this posting. Notification about any posting in this thread or forum can be enabled in the upper right Actions menu.
* Required	Create Save as Draft Cancel

3.2.1.10 Reply/Edit Thread



3.2.1.11 Back to the "Professionals" page





3.2.2 Course



You need to "Join" to the course.

	You have join	ed the course
--	---------------	---------------

3.2.2.1 "Topics"



Chose the "topic" and read the content

3.2.2.2 Not started/finished



3.2.2.3 Navigate in pages



3.2.2.5 Already read

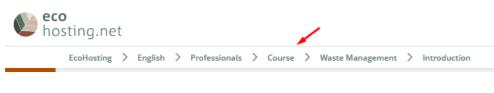




3.2.2.7 Open "Menu"



3.2.2.8 Back to the "Course" page



3.2.2.9 Finished (all pages read)



3.2.2.10 Final Self-Assessment



U CONTE	WATER		
Waste Management	Water Management	Energy Management	Mobility and Accessibility
LANDSCAPE		HAZARDS	
		36, 2 9 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3	
Landscape Management	Biodiversity	Exposure to Natural Hazards	Sustainable Consumption

When all topics have been read, the "Final Self-Assessment" becomes available.

3.2.2.11 Start

Info Results	Learning Progress
Start the Test	1
Introductory I	

3.2.2.12 Questions

Suspend the Test Finish the
← Previous

You can: go to the next question; go to the previous question; suspend the test to finish later; finish the test.

3.2.2.13 Results



3.2.2.14 Detailed Results

Scored Pass Pass Date Answered Questions Reached Points Percent Solved Actions Image: Core of Pass 1 32 Of 32 6 Of 32 18.75% Detailed Results	Pass Overview	of the Test Results	5			Rows 🕶
	Scored Pass	Pass Date	Answered Questions	Reached Points	Percent Solved	Actions
	0	1	32 Of 32	6 Of 32	18.75%	



Test Results in Points: 6 of 32 (18.75 %)
List of Answers for Pass 1
1. Question [ID: 2215]
What are "invasive species"? A specific type of plant or animal that is harmful to the human health. A species that occurs in an environment harvally. We recommend a review of "Biodiversity"
2. Question [ID: 2196]
Do hygiene and food safety rules and regulations (HACCP) require the use of packaging to store foo Only plastic films are allowed for wrapping products. O Food conservation rules require the use of plastic packaging. The 3 Rs rule (reduce, reuse and recycle) can be applied for food conservation. We recommend a review of "Waste Management"
we recommend a review of waste management

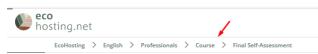
You can see detailed information of you answers on "Detailed Results".

3.2.2.15 Repeat

User has 2 tries available



3.2.2.16 Back to the "Course" page



3.2.2.17 Certificate of completion



If you get enough correct answers, a button will be available to request the certificate of completion.



🗹 Mail	
Folder Compose Conta	cts Options
Search Recipients My Cour	ses My Groups
Compose	Send mail Save as Draft
То *	
сс	
BCC	
Subject *	
Attachments	Add
Message Content	
Serial-Letter Placeholders	
* Required	Send mail Save as Draft

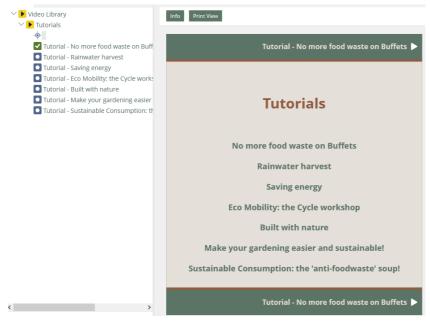
3.2.2.18 Back to the "Professionals" page





3.2.3 Video Library

The video library gathers all the tutorials provided by the course.



List of "Video Tutorials".

3.2.3.1 Back to the "Professionals" page

